

RESTFUL NIGHT **

Dietary Supplement
60 Capsules

Direction: For adults, take two capsules with water 30 minutes before retiring or as directed by health care professional.

- Not recommended for pregnant women.
- Keep out of reach of children.

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 2 Capsules

	Amount per Serving	% DV
L-Theanine	250mg	†
Melatonin	600mcg	†
5-HTP	50mg	†
Proprietary blend	750mg	
Dong Quai (<i>root</i>)		†
Hops extract (<i>fruit</i>)		†
Lemon balm extract (<i>aerial</i>)		†
Passionflower extract (<i>aerial</i>)		†
Polygala extract (<i>root</i>)		†
Valerian extract (<i>root</i>)		†
Wulinshen (<i>mycelia</i>)		†
Jujube (<i>seed</i>)		†

† % Daily Value not established.

Other ingredients: Gelatin