

YAN'S NATURE'S DEFENSE **

Dietary Supplement

32 Capsules

Directions: As a dietary supplement, take 2 capsules, 3-4 times daily.

- Not recommended for pregnant women.
- Keep out of reach of children.

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 2 Capsules

	Amount per Serving	% DV
Zinc	4mg	27%
Vitamin C	60mg	150%
Proprietary blend	700mg	
Pubescent holly (<i>root</i>)		†
Dyer's woad (<i>root</i>)		†
Fragrant angelica (<i>root</i>)		†
Sichuan lovage (<i>rhizome</i>)		†
Kudzu (<i>root</i>)		†
Forsythia (<i>fruit</i>)		†
Xanthium (<i>fruit</i>)		†
Japanese honeysuckle (<i>flower bud</i>)		†
Bupleurum (<i>root</i>)		†
Shield Fern (<i>rhizome</i>)		†
Notopterygium (<i>root&rhizome</i>)		†
Chinese wormwood (<i>aboveground parts</i>)		†
Gypsum (<i>mineral</i>)		†
European vervain (<i>herb</i>)		†

† % Daily Value not established.

Other ingredient: Gelatin